



**CTI**  
centre de teràpia interfamiliar



**Erasmus+**

## **DIGITALISING A NETWORK FOR PEER COLLABORATION AND LEARNING IN FAMILY AND COMMUNITY RESOURCES FOR WORKERS IN THE SOCIAL, EDUCATIONAL AND MENTAL HEALTH SECTORS**

Cooperation for innovation and the exchange of good practices.

Strategic Partnerships for vocational education and training

01-09-2018 - 31-12-2021

### **DESCRIPTION**

This project seeks to contribute to enhance and spread family and community resources in institutions working in social, educational and mental health sectors in order to improve their work, to allow them to reach more users in less time and to give to these users and their families a more efficient and high quality intervention. Our partnership focuses on building up a strong transnational network where community and family resources in social, educational and mental health are discussed and shared through a digital platform. The target group of this project are professionals in need of more family and community tools to work with the ultimate target group: socially disadvantaged people and/or people suffering from mental health problems.

### **OBJECTIVES**

- To improve achievement in work with community and family resources within partner institutions.
- To spread new competences in community and family resources and to give to its participants a theoretical and practical knowledge.
- To enhance skills in community and family resources for both professionals and students' practice.
- To offer high quality learning opportunities to workers of partner institutions.

## **PARTNERS**

- Centre de Teràpia Interfamiliar (Spain) – Coordinator
- Center for Mental and Pedagogical Support Kepsipi (Greece)
- University of Arad (Romania)
- International Attachment Network IAN (UK)
- Kirkkopalvelut (Finland)
- Hospital of Akureyri (Iceland)
- Keropudas Hospital (Finland)
- Centre Neuro Psychiatrique Saint-Martin (Belgium)

## **TRAINING ACTIVITIES**

In this project, each partner institution will welcome 6 professionals from any of the partner institutions along the 2 years of project.

## **WHO**

The participant will be chosen in their own institutions based on their interest and possibility to apply innovative ways of working in their field and their abilities to convey new information to the rest of his/her working team. They will choose their destination based on their interest in the different approaches offered by partners institutions and its feasibility to apply it in their own institutions. Participants will learn and share different ways of approaching community and family work.

In order to choose these 6 professionals, each institution will apply criterion such as role and capacity of spread within the institution, skills and aptitude, leadership capacity, motivation, etc. All of them must come with a European medical insurance. Arrangements for a training will include renting a comfortable room for classes, arranging hotels, transportation, visits to different centers to know different forms of work, cultural visits, etc.

## **TIME**

During these 3 to 5 days, different teaching activities will be carried out, such as cooperative work, acquisition of formal knowledge, visiting innovative structures from the local network, interfamily group sessions, etc. These professionals will introduce what they have learned during this week to their own teams back home and will introduce what they have learnt and how this interacts with their previous way of working in the digital platform.

## **RECOGNITION**

In order to recognize and validate the learning outcomes of the professionals participating in this project, Europass mobility will be used (a record of skills acquired during a learning experience in an European country). Besides, the Centre de Teràpia Interfamiliar has already started negotiations with universities in order to validate the professionals' participation with European Credits Transfer System (ECTS) and European Credits Vocational Education Transfer (ECVET). In addition, we will ensure that a strictly formal preparation concerning the instruments (Portfolio, Europass Mobilité, CV Europass) and that a very accurate preparation regarding cultural, linguistic and customary aspects are created.

## **PRODUCTS**

- A digital platform will be created in order to share, spread and discuss interventions in community and family resources, strengthening a professional network around these issues .
- Publication of a scientific article. This will give visibility to this Erasmus+ project in front of the academic readers. It will allow to expand our network and to create new lines of research for the future.
- Publication of a manual. Up to now there is not manual comparing family and community resources among so many European countries. It is expected that this book will have an important impact in social, educational and mental health institutions. The impact of this book will be measured through a bibliometric index.
- Different practices regarding empowerment of community and family resources are discussed and materialized in short essays after each training event.
- An assessment report of the project that will delimit the strengths and the weaknesses with a synthesis of the expertise and a description of the specific skills.
- An evaluation of the programme and approach to results is performed.
- Strong guidelines are devised in order to consolidate this professional network in the future.